



## Nutrition and HIV Program (NHP)

### Objective

The Nutrition and HIV Program (NHP) supports the management of malnutrition and control of HIV-associated nutrition and health risks among people living with HIV. These goals will be achieved by strengthening the capacity of National HIV/AIDS and STIs Control Program (NAS COP). NHP is also collaborating with faith-based organizations and civil society organizations; providing nutrition assessment, counseling, and support (NACS) services in health facilities and in the community.

### Project status

USAID/Kenya initiated a five-year cooperative agreement with the Academy for Educational Development (now FHI360) in March 2008. This is a public-private partnership flagship project in which FHI 360 supports the treatment of clients in government and non-governmental owned health facilities (sites). Insta Products (EPZ) Ltd - a Kenyan food company - is NHP's food manufacturing partner and produces food formulations for treatment of malnutrition. Supply chain management services are provided by a Kenyan company, Phillips Health Care Services Ltd (PHSL). The project is in the scale-up phase and aims to reach 250 health facilities providing HIV care treatment, their satellite sites, and 15 community-based organizations (CBOs).

### Key activities

- In addition to providing nutritional and point-of-use water treatment commodities, NHP provides nutritional-screening equipment and materials to health facilities.
- Capacity strengthening is achieved through training of healthcare providers, development and production of job aids and client materials, supporting monitoring and evaluation, and enhancing community linkages.
- The program's work with CBOs and facility outreach activities focus on enhancing their capacity for case finding and referral as well as providing nutritional support to moderately malnourished OVC and vulnerable siblings.
- NHP supports NAS COP and other stakeholders in mainstreaming of nutrition services.
- NHP will conduct feasibility tests of data transmission from sites using multi-functional notebooks configured with a mobile NACS/FBP database system.

### Achievements

- The nutritional commodities supplied are energy dense fortified blended flours (FBF) and ready-to-use therapeutic foods (RUTF). NHP played a catalytic role in the launch the first Kenya-produced RUTF
- The project is supporting **156** primary sites that are then supporting **368** satellite sites and seven community sites.
- By the end of September 2011, the program reached a total of **200,879** clients, 42% of which were malnourished adults, 7% were pregnant or post partum women, and 51% were OVC.
- On average, the project supplies about **150 metric tons** of fortified blended flours and **five metric tons** of RUTF **per month** to health facilities.
- Prescribing and dispensing of food is carried out by more than **541** healthcare providers who have received training in FBP services along with other nutrition and HIV services.

### Contacts

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