



Healthy Outcomes through Prevention Education

What is Healthy Outcomes through Prevention Education?

The four-year USAID funded Healthy Outcomes through Prevention Education (HOPE) program will improve students' HIV/AIDS knowledge, attitudes, and practices through peer-to-peer, school and community-based interventions. Additionally, the HOPE team is coordinating with the Ministry of Education to strengthen and roll-out the Ministry's Sector Policy on HIV/AIDS and build the capacity of the County Education Offices to implement the policy throughout every county in Kenya. The Governments of Kenya and the United States share the goal of an AIDS-free generation, and the HOPE program is helping Kenya to meet that goal

The program is evidence-based, and will build on lessons learned by scaling up promising practices from numerous previous and existing USAID education, health and HIV/AIDS initiatives throughout Kenya.



HOPE targets school children such as these with peer education and outreach to educate them about HIV prevention and promote healthy behaviors and practices.

Who implements Healthy Outcomes through Prevention Education?

CHF International

www.chf.org

National Organization for Peer Educators

www.nope.or.ke

Saint John's Community Center

<http://sjccpumwani.org>

Kenya Girl Guides Association

www.kgga.co.ke

Support for Addictions Prevention and Treatment in Africa www.sapta.or.ke

Project Duration and Budget

March 2012-March 2016

\$6.3 million

Where does Healthy Outcomes through Prevention Education work?

The program targets approximately 400 primary and secondary schools in the informal urban settlements Nairobi and its environs.

Over half of Nairobi's population lives in informal settlements, which are characterized by high poverty, insecurity, poor health outcomes, substance abuse and low levels of education. This environment has a negative effect on young people, particularly girls, making them more vulnerable to HIV infection, sexual and gender-based violence.

What does Healthy Outcomes through Prevention Education do?

The program works with formal and non-formal primary schools across Nairobi and the surrounding communities to carry out peer education activities and train teachers to integrate life skills and HIV prevention education into the classroom. Parents and community members are also encouraged to be active in school health activities. In school youth are reached through student advisory councils, membership clubs, use of education and entertainment (edutainment), debate and other events, award schemes, holiday events that possibly link with religious organizations, talent shows, sports events.

Youth out of school are reached through a variety of partner organizations including Youth Action for Change, Youth Peer Education Network, and G-Pange activities (Partnership for an HIV Free Generation) and are engaged in the program through participation in project volunteer and internship opportunities.

How will Healthy Outcomes Through Prevention Education make a difference?

The HOPE program aims to achieve sustainable improvements in students' HIV/AIDS knowledge, attitudes and practices, to equip schools with the capacity to provide classroom instruction and extracurricular activities on HIV/AIDS, engage parents and community members to promote healthy living, and build the capacity of the Ministry of Education and County Education Offices to implement the revised Ministry of Education's Education Sector Policy on HIV/AIDS.

What challenges does Healthy Outcomes for Prevention Education Face?

Working in Nairobi's urban areas and its informal settlements necessitates sensitivity to the ethnic make-up of the residents, their use of different languages (traditional and regional dialects and widespread use of *sheng* slang), cultural practices and other factors that can create specific challenges and opportunities for the implementation of HIV/AIDS programs. The HOPE program partners will build on their extensive experience and knowledge of the special needs of the informal settlements to ensure that relationships are fostered for long term sustainability.

Kenya's wide variety of schools, including non-formal and formal primary and secondary schools, large and small institutions, day and boarding schools, as well as mixed- and single-gender schools, have different needs and require flexible technical approaches to meet them.

For more information:

<http://www.chfinternational.org/kenya>

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